



ALISHA WYMER-SHATTUCK

STUDENT MIDWIFE/DOULA

PERSONAL PROFILE

Passionate, dedicated student midwife and holistic birth doula interested in pursuing the next step towards becoming a certified professional and licensed midwife.

SKILLS

- Take and assess blood pressure
- Take and assess pulse
- Auscultate FHR with fetoscope and doppler
- IV placement
- Beginner phlebotomy
- Draw up medication
- Paper and electronic charting
- Labor support
- Lactation
- Placenta encapsulation
- Homeopathics and herbal remedy creations
- Muscle testing
- Beginner natural health counseling

CONTACT INFORMATION

1(989) 620-7069
thewarriorwithinbirthservices@gmail.com
6899 E. Beal City Rd. Mt. Pleasant, MI 48858

REFERENCES

Colleen Maheswaren, CPM, LM
(313)378-3788
forestrivermidwifery@gmail.com

Beth Barbeau, CPM, LM
(734) 707-9909
beth@theindigoforest.com

Bessheen Baker, ND
989) 773-1714
contact@naturopathicinstitute.info

EDUCATION

National College of Utah

2020-2021

General Midwifery Studies

Naturopathic Institute of Therapies and Education

2019-Present

Holistic Doula Certification Program

Naturopathy Program

Continuing Education Credits

EXPERIENCE

Birth Assistant/Doula

Forest River Midwifery

2023-Present

- Assist midwife with prenatals, birth, and postpartum care
- Assist midwife with taking and assessing vitals
- Provide and counsel families on concerns
- Assist clients with breastfeeding
- Assist in emergency situations

Certified Holistic Doula

The Warrior Within Birth Services

2010-Present

- Provide clients with emotional, informational, physical support, and advocacy through all stages of the childbearing year.
- Provide clients with basic childbirth education.
- Help clients become educated and informed in choices for pregnancy and birth.
- Provide comfort with pain-relief techniques.
- Help initiate the breastfeeding process and facilitate bonding.
- Counsel families through immediate postpartum issues and concerns and assist with resources if needed.
- Placenta encapsulation and matridonal remedies

CERTIFICATIONS

- Nutrition - NITE - February 2019
- Herbology - NITE - March 2019
- Muscle Response Testing - NITE - March 2019
- Miracle of Pregnancy - NITE - May 2019
- Beginning Essential Oils - NITE - June 2019
- Communication Skills - C.B.I. - August 2019
- Miracle of Birth - NITE - August 2019
- Miracle of the Newborn - NITE - September 2019
- Holistic Doula Certification - NITE - October 2019
- How to Deliver a Baby in an Emergency - NITE - November 2019
- Breastfeeding Physiology - C.B.I. - February 2020
- Homeopathy - NITE - June 2020
- IV Skills - MCU - December 2021
- NRP - AAP & AHA - May 2022
- Integrative Resuscitation of the Newborn - Karen Strange - May 2022
- Birth Emergency Skills Training- Andrea Dixon - March 2023